



## Hinuera School Draft Health Statement for 2021/2022

In 2021/2022 Hinuera School will continue to implement a programme of Health Education based on the New Zealand Curriculum (2007), and in keeping with the school's charter and values. It will also implement the Relationships and Sexuality Education Curriculum (2020). The focus of the programme will be to give our students the knowledge, skills and attitudes to maintain and enhance well-being. Students will recognise social and societal influences on well-being and be given opportunities to take action to promote their own and others' well-being. In delivering Health Education, Hinuera School teachers will use a range of appropriate teaching strategies that engage students and enable development of the key competencies, including utilising support agencies, while taking opportunities to integrate Health Education learning with other aspects of The New Zealand Curriculum.

In the implementation of this programme, Hinuera School will:

- Run an ongoing values programme in the school, which encourages and celebrates key values for life. This includes ongoing messages around the importance of everyone's self worth/positivity, and the need for Hauora (wellbeing) in life.
- Teach annual topics around knowing ourselves and pepeha (introducing ourselves in te reo Maori), and forming class treaties for positive relationships within school life throughout the year.
- Deliver safety programmes covering Road/Bus Safety, Tracks are for Trains Safety, Fire Safety, Water Safety, Healthy Eating, Earthquake and Tsunami awareness, and Internet/Cyber Safety.
- Run the "Keeping Ourselves Safe" programme with the support of the NZ Police every three years.
- Deliver leadership and personal growth training at the beginning of each year for Y6 students.
- Work with the Life Education Trust to deliver annual programmes on topics like "Personal Health and Physical Development", where students learn about topics like "What's inside our bodies?", "How do we change as we get older?", including pubertal change aspects for Y6 students.